



Assisted Living Center ~ Salisbury

"A Community Built on a Lifetime of Experiences"

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March 19, 2020

Good morning,

Almost daily we are receiving updates from the federal government and state agencies on keeping your family and our staff who care for them safe.

Yesterday we received notice of a reversal of a previous directive from the Commonwealth of Massachusetts. This time it was a notice we were pleased to get.

- We no longer need to serve meals to residents in their units, but there are still restrictions and precautions.
- We can restart some group activities, but need to be limited to 5 participants, and we need to try to keep everyone 6 feet apart.
- We are able to restart special services such as the hairdresser and the personal trainer – limited to one resident at a time.
- Therapists and visiting nursing services are able to start again.
- Residents are able to shop – one at a time - in the general store for their snack and personal care items.

As part of our daily protocol:

- We are taking each resident's temperature daily and screening them for symptoms. The same protocol is being applied to staff before they start their shift.
- We will continue to put on additional staffing to sanitize surfaces in common areas and resident units.
- We are regularly instructing residents to use hand sanitizer as they walk throughout the building. We are stopping them as much as possible before they go into the dining room and having them sanitize their hands.

To date, we have not had any residents or staff demonstrate any symptoms.

Hesitantly, I am suggesting that you might want to visit with your family members from afar. They can come out to the front deck (roadside) and you can talk to them from the garden. You need to stay at least 6 feet away. We need 100% participation from everyone to not reach through the railings and touch hands, try to hug, or pass anything through to them. Should that occur, we may need to quarantine that resident to their room for 14 days, you will be banned from the property until this epidemic is over, and this privilege will be rescinded for all families and residents.

- You can continue to leave packages for your family in the basement, but know that they will be held for decontamination for 24 – 48 hours. The virus can remain on cardboard and paper bags for 24 hours, and on plastic bags even longer. We cannot provide refrigeration for anything.
- If any of you happen to have an extra container of Lysol wipes or spray Lysol, we could use them. We are running low and not sure when we will be able to get more. (Rest easy, we do have a supply of other sanitizers for furnishings, food surfaces, etc.)
- If you have any bottles of hand sanitizer, please drop them off for your family member to keep and use in their unit.

Stay in contact with us.

- Are there others that you would like us to add to our general mailing list? They will receive all notices from us regarding Covid-19 and future special event announcements.
- You may also direct people to our website www.assistedlivingcenter.org. There is a link on the welcome page that will provide current updates and previous notifications.
- We are setting up an automated phone line (beginning Monday, March 23) 978 463-9835 with a 24 hour spoken summary of the most recent news regarding Covid-19. You will not be able to speak to anyone or leave a message on this line. (Eventually this will become a special events line so you can keep up to date with all the great activities we have regularly.)

Again, thank you for all the kind words and encouragement that you are passing on to us. We appreciate every one of them.

Stay well – and wash your hands.

Arthur